Vinaya Sessions  
Final Exam

## Scenario

An inspired but still doubting lay guest, who considers taking on monastic training, approach you and ask:   
  
*“You know, I’ve been looking through the Vinaya, but it all just seem so technical and confining. Aren’t we supposed to be free? What’s the point of all these rules? What’s really the benefit? How does this help me get to Nibbāna?”*  
  
What is your response?

*Please write an answer of 450-550 words (about one page), print out on the computer, using the font* ***“Times new roman”****, with text size* ***12****, and hand in the printed sheet, at the latest, on* ***October 25****.*

*All the answers will be put together and made into a booklet, which everyone will receive a copy of, as a memory of this year’s Vinaya sessions.*

*With all the best wishes for your continued practice!*

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